

**PALTmed Georgia Annual Symposium 2026**

**In Partnership with the Emory University Division of Geriatrics and Gerontology**

**Lake Lanier Islands Resort, Aug 28-Aug 30, 2026**

**Friday 8/28/26:**

<b>Time</b>	<b>Session</b>	<b>Location</b>	
4:00-6:00 pm	Registration	Hotel Lobby	All Attendees
5:00 PM – 6:00 PM	Board Meeting	TBD	Georgia PALTmed Board members
6:00 PM – 8:00 PM	Welcome Reception & Networking Event	Magnolia Room	All Attendees

**Saturday 8/29/26:**

Educational Sessions and Poster presentations will be held in Ballrooms A and B. Exhibitors will be in Ballroom C.

<b>Time</b>	<b>Session</b>	<b>Learning Objectives</b>	<b>Speakers</b>
7:00 AM – 8:00 AM	Registration & Exhibitor Visits Ballroom C		
8:00 AM – 8:10 AM	Opening Remarks Ballroom A&B	Welcome Address and Conference Highlights	Laurent Adler MD, Camille Vaughan MD
8:10 AM – 9:10 AM	Keynote: Connection, Capacity, and Context: Improving Communication in Post-Acute and Long-Term Care Ballroom A&B	1. Identify 3 barriers to effective communication in PALTC, 2. Learn how to better communicate uncertainty in PALTC medicine, 3. learn how to have an effective and thoughtful conversation about advanced care planning	Leslie Eber MD, PALTmed national president
9:10 AM – 9:40 AM	Snore No More: Modern Sleep Apnea Management in Older Adults Ballroom A&B	1. Understand different types of Sleep apnea and available treatment modalities 2. Introduce the available modes of positive airway pressure and the difference between the modes. 3. Understand indications for each PAP mode.	Rina Eisenstein MD Geriatrics, ESOM
9:40 AM – 10:10 AM	PAP Therapy Success in Long-Term Care: Practical Strategies and Case-Based Learning Ballroom A&B	1. Discuss Equipment and Supplies 2. Discuss Maintenance of Equipment 3. Understand Compliance and Challenges to Compliance	Jarrold Rowe RPSGT
10:10 AM – 10:50 AM	Break with Exhibitors Ballroom C		

10:50 AM-11:05 AM	Poster Presentation Ballroom A&B		
11:05 AM – 11:55 PM	Advancing Quality Through Engagement: Leadership, Compliance, and Outcomes in PALTC Ballroom A&B	<ol style="list-style-type: none"> <li>1. Understand current political and regulatory landscape impacting post-acute care systems and delivery</li> <li>2. Define the Medical Director's impact on quality, compliance, and outcomes.</li> <li>3. Identify barriers to effective engagement</li> </ol>	Pam Clayton RN, VP Quality Advancement at GHCA
11:55 AM-12:05 PM	Poster presentation Ballroom A		
12:05 PM – 1:05 PM	Lunch on your own & Exhibitor Hall		
1:05 PM – 2:00 PM	Updates on diabetes management in older adults Ballroom A&B	<ol style="list-style-type: none"> <li>1. Updates on DM management at LTCF</li> <li>2. Updates on the use of new DM medications at LTCF</li> <li>3. Updates in diabetes technology at LTCF</li> </ol>	Dr. Thayer Idrees MD*, Endocrinology, ESOM
2:00 PM – 2:30 PM	Pearls and Pitfalls of Buprenorphine for Pain Management Ballroom A&B	<ol style="list-style-type: none"> <li>1. Review the unique pharmacokinetic properties of buprenorphine as a partial-agonist of the mu opioid receptor.</li> <li>2. Analyze common indications for starting buprenorphine in a patient with chronic pain who may reside in a long term care facility.</li> <li>3. Discuss equianalgesic dosing for buprenorphine compared to chronic low-dose opiates and identify how to utilize a microinduction protocol to rotate a patient, using 2 patient case examples</li> </ol>	Dr. Emily Pinto Taylor MD, Geriatrics and Palliative, ESOM
2:30 PM – 2:55 PM	Blood Pressure Management in Frail Older Adults: What the Latest Evidence Tells Us Ballroom A&B	<ol style="list-style-type: none"> <li>1. Review recent randomized controlled trial evidence regarding intensive blood pressure control in frail older adults and its implications for clinical practice.</li> <li>2. Apply frailty assessment tools and evidence-based blood pressure targets to optimize treatment plans</li> <li>3. Recognize potential adverse events and appropriate monitoring strategies.</li> </ol>	Dr. Fariha Sultan MD, Geriatrics, ESOM
2:55 PM-3:05 PM	Poster presentation Ballroom A&B		
3:05 PM – 3:30 PM	Break with Exhibitors Ballroom C		

3:30 PM – 4:30 PM	National Policy, Regulatory, and Advocacy Update Ballroom A&B	<ol style="list-style-type: none"> <li>1. Describe recent federal and state policy developments impacting healthcare delivery and reimbursement.</li> <li>2. Identify key regulatory and legislative trends affecting post-acute and long-term care providers.</li> <li>3. Explain the implications of current payment and delivery model reforms on clinical practice and operations</li> </ol>	Alex Bardakh, MPP, CAE
----------------------	---	--	---------------------------

**Sunday 8/30/26:**

Time	Session		Speaker(s)
7:00 AM – 8:00 AM	Exhibitor Visits Ballroom C		
8:00 AM – 8:10 AM	Announcements Ballroom A&B		Laurent Adler MD, Camille Vaughan MD MS
8:10 AM – 8:40 AM	Alternatives to High-Risk Medications in Long-Term Care Ballroom A&B	<ol style="list-style-type: none"> <li>1. Apply validated tools and clinical judgment to assess medication appropriateness in geriatric patients in PALTC</li> <li>2. Implement deprescribing strategies that prioritize patient safety, goals of care, and shared decision-making.</li> <li>3. Integrate interdisciplinary approaches to optimize medication management and improve health outcomes in geriatric PALTC populations.</li> </ol>	Anna Mirk MD, Geriatrics ESOM
8:40 AM – 9:10 AM	Deprescribing Antiplatelet Agents and Anticoagulants in Long-Term Care Ballroom A&B	<ol style="list-style-type: none"> <li>1. Indications of various anti-platelet agents and anticoagulants and duration of therapy</li> <li>2. Understand the risks of long-term treatment with anti-platelet agents and anticoagulants, and combination therapy</li> <li>3. Assess patient risks of adverse effects, and individualize treatment based on risk profile.</li> </ol>	Abhisek Gaur MD, FACC Cardiology
9:10 AM – 9:40 AM	Growing Older with HIV: Challenges and Opportunities in Geriatric Care Ballroom A&B	<ol style="list-style-type: none"> <li>1. understand the unique health challenges of aging with HIV</li> <li>2. optimize care</li> <li>3. manage polypharmacy</li> </ol>	Abeer Moanna MD, Infection disease, ESOM

9:40 AM – 10:10 AM	Hepatitis C in 2026: What's New Ballroom A&B	<ol style="list-style-type: none"> <li>1. Review current Hepatitis C screening recommendations in older adults.</li> <li>2. Describe recent advances in Hepatitis C treatment.</li> <li>3. Incorporate best practices for Hepatitis C management in older adults.</li> </ol>	Emily Cartwright MD, Infection disease, ESOM
10:10 AM – 10:40 AM	Break with Exhibitors Ballroom C		
10:40 AM – 11:10 AM	Beyond Confusion: A Practical Approach to Delirium in PALTC Ballroom A&B	<p>Recognize the core clinical features of delirium and differentiate delirium from dementia, depression, and other cognitive changes commonly encountered in post-acute and long-term care settings.</p> <p>Identify common precipitating factors and modifiable risk factors for delirium in older adults across post-acute and long-term care environments, including medications, infections, hospitalization transitions, and environmental contributors.</p> <p>Implement practical screening and diagnostic approaches for early recognition of delirium using bedside assessment tools.</p> <p>Apply evidence-based prevention and management strategies for delirium, emphasizing non-pharmacologic interventions, medication stewardship, and team-based care in PALTC settings.</p>	Karla Garcia-Ortiz MD, Geriatrics, ESOM

11:10 AM – 12:10 PM	Behavioral and Psychological Symptoms of Dementia: Management, Treatment Options and Regulatory Considerations Ballroom A&B	<ol style="list-style-type: none"> <li>Attendees should become proficient in evaluating the various presentations of behavioral, psychological and neuropsychiatric symptoms associated with dementia.</li> <li>Attendees will be able to then accurately document through diagnostic coding the identifiers for these associated symptoms and improve their skills in implementing a treatment plan including pharmacological, behavioral, and environmental treatment strategies.</li> <li>Attendees will develop an effective clinical threshold for when to use medications for associated symptoms in elderly patients with dementia and become aware of the benefits and limitations of these medication choices.</li> </ol>	Joel Kirson MD*, Psychiatry
12:10 PM – 1:10 PM	Lunch & Georgia PALTmed Membership Meeting Ballroom A&B		Laurent Adler MD, President PALTMed GA
1:10 PM – 2:10 PM	Unpacking Parkinson's Disease Psychosis: Rapid Detection and Management in Long-Term Care, <i>PeerView-accredited educational grant-supported session.</i> ** Ballroom A&B	<ol style="list-style-type: none"> <li>Recognize the key symptoms and risk factors for the development of Parkinson's disease psychosis (PDP)</li> <li>Apply evidence-based strategies to optimize the differential diagnosis of patients with PDP</li> <li>Design individualized treatment plans with the care team for patients with PDP, using available clinical data, consensus guidelines, and expert recommendation</li> </ol>	Danielle Larson* MD, Neurology
2:10 pm- 2:40 pm	Poster Presentation Ballroom A&B		Dr Daniel Oh and Presenters
2:40 PM – 3:00 PM	Closing Remarks, & Conference Adjournment Ballroom A&B		Laurent Adler MD and Camille Vaughan MD MS

The following individual (speakers/planners) disclosed a relevant financial relationship:

\* Joel Kirson MD– Advisory board: Otsuka; Speaker's bureau: Lundbeck, Alpha Cognition

\* Danielle Larson MD- Grant/research support (PI) Roche, Neuron 23, Biohaven, Biogen

\* Thayer Idrees MD- Grant/research support (PI) Abbvie (research support to Emory University)

All relevant financial relationships have been reviewed and mitigated in accordance with ACCME Standards for Integrity and Independence.

\*\* This session is a separately accredited educational activity provided by PeerView and is not part of the CME activity accredited by Post-Acuc and Long-Term Care Medical Association.

#### **CONFERENCE HIGHLIGHTS**

CME Credits	Up to <b>10.5 CME Credits</b> Available
Educational Focus	Diabetes, Dementia, Delirium, Pain Management, Sleep Disorders, Infectious Diseases, Deprescribing, Quality Improvement, Leadership, Policy Updates
Research Opportunities	Poster Presentations and Research Showcase
Networking	Reception, Exhibitor Hall, Membership Meeting
Policy Updates	National and State PALTC Regulatory and Advocacy Updates
Giveaway	<b>Conference Raffle Prize: One winner will receive a complimentary weekend stay at Lake Lanier Islands Resort, courtesy of PALTmed GA.</b>

#### **ACCREDITATION INFORMATION**

**\*This would be a great spot to include your accreditation statements, once your application is approved.**